

Meet Our Counselors

My name is Christy Naylor and I'm excited to serve the students of Paine South! I have been in the counseling profession for 20 years, and this is my 14th year here at the Paine campus. I have my Bachelor of Science degree in Psychology, and my Master's and Educational Specialist degrees in Counseling, all from the University of Alabama at Birmingham (UAB.) I am also a Licensed Professional Counselor (LPC) and a Registered Play Therapist (RPT.) I have been happily married for over 23 years now and we have two children, ages 20 and 16. I love getting to know my students and working together to help them learn and succeed. I am looking forward to a great school year! Please feel free to contact me if you have any questions or concerns.



My name is Ellen Ormond and I am excited to serve the students of Paine North! This is my first year at Paine Elementary. I have a Bachelor's degree in Elementary Education and a Master's degree in School Counseling, both from Auburn University. I am a Nationally Certified Counselor (NCC) and am passionate about advocacy, social justice, and equipping students with tools for growth. I grew up in Trussville, graduated from HTHS, and am thrilled to be back in this community. I look forward to meeting students and working with them on their academic, social, and emotional wellbeing!



School Counseling Curriculum

All students participate in character education and guidance lessons with the counselors during a set rotation on the specials schedule. Lessons are developed following the *Comprehensive Counseling and Guidance State Model for Alabama Public Schools* and address the following 3 areas as outlined by the American School Counselor Association National Model:

Academic Development

- ✿ Goal setting
- ✿ Organization
- ✿ Time Management
- ✿ Test-Taking & Study Skills
- ✿ Being a Responsible Learner

Personal/Social Development

- ✿ Bully Prevention
- ✿ Conflict Resolution
- ✿ Making & Keeping Friends
- ✿ Controlling Emotions
- ✿ Growth Mindset
- ✿ Personal Safety
- ✿ Health & Wellness
- ✿ Positive Self-Esteem
- ✿ Decision Making
- ✿ Respecting Others



Career Development

- ✿ Career Exploration
- ✿ Self-Awareness/Interests
- ✿ Working Cooperatively with Others

**The topics under each domain are a sample of what is taught based on the national ASCA model & state plan.*

F.A.Q.'s



Will information concerning my child be kept confidential?

Yes, with the exception of student disclosure of intent to harm self or others, or if someone is harming your child. Details of your child's counseling relationship will be kept in strict confidence unless you or your child give us permission to share the contents of a session or we are ordered to do so by a court of law. We may consult with colleagues for supervision with the understanding that we will not disclose your child's name or other identifiable information. Counselors communicate with parents as needed. It is not feasible to report to parents after every session while trying to build trust and rapport with our students. We encourage children to talk openly with their parents as well.

Do only students with problems talk to the counselor?

No. The counselor is seen as an adult who students can trust and consider a friend. Many times students will come to the counselor to share exciting news, to celebrate a success, or just to have an adult take time to listen to what they have to say. All students who see the counselor are not troubled or "in crisis."

What is the role of Elementary School Counselors?

Social and emotional wellness is key to academic success. Our job is to support the students here at Paine so that they can be their best, both academically & socially. We accomplish this goal in the following ways throughout the school day:

- ❖ Meet with students individually (1-on-1.) Teachers, parents, & students can request individual sessions for short term support.
- ❖ Lead small groups (peer support) as needed to help students learn & reinforce life skills.
- ❖ Conduct preventative, character education classroom guidance lessons.
- ❖ Facilitate **P.A.C.E.**—Positive Attitudes Change Everything (TCS system-wide character development initiative.)
- ❖ Facilitate school-wide/state initiatives throughout the year (ex: Red Ribbon Drug Awareness Week, Attendance Awareness Month, School Food Drives & Service Projects, etc.)
- ❖ Support teachers & parents with any needs or concerns they have.
- ❖ Help link parents with community agencies for support & possible referrals if more in-depth mental health services are needed.
- ❖ School counselors aren't able to provide long term, mental health therapy. This is outside the scope of their role & expertise.
- ❖ School counselors support students at school while remaining a "neutral party." Please refrain from involving them in civil/custody disputes or family court decisions.



Our System-Wide Mission Statement:

The mission of Trussville City Schools is to educate students using high standards in a safe, nurturing environment, fostering academic and career competencies which prepare them to be productive citizens.



PAINÉ ELEMENTARY

7600 Gadsden Highway
Trussville, Alabama 35173
205-228-3200
Fax: 205-228-3201

HOME OF THE HUSKIES



PAINÉ
ELEMENTARY

School Counseling Services



Christy Naylor- Paine South Counselor
Christy.naylor@trussvillecityschools.com
205-228-3221

Ellen Ormond- Paine North Counselor
Ellen.ormond@trussvillecityschools.com
205-228-3225